



# CADET WEEK

# '21

22<sup>ND</sup> – 27<sup>TH</sup> AUGUST

NOTICE OF RACE & "ON-WATER" INFORMATION

1. **ORGANISING AUTHORITY**

The Organising Authority (OA) is the Walton and Frinton Yacht Club RYA Recognised Training Centre (RTC).

The event will operate in accordance with the Standard Operating Procedures of the RTC.

2. **VENUE**

The venue will be Walton and Frinton Yacht Club, Mill Lane, Walton on the Naze, CO14 8PF.

3. **RULES**

**Part 1:** Racing will be governed by the Racing Rules of Sailing 2017-20 (RRS), the prescriptions of the RYA and the Rules of the Class, except as any of these are changed by these Sailing Instructions.

Additional rule changes may be made by the Person in Charge (PiC) or Race Officer (RO) as deemed appropriate and these will be posted on the noticeboard by the boat shed.

**Part 2: Rules amendment:** When boats meet the RRS should be followed. However, the OA is aware that not all competitors have a comprehensive knowledge of those. Every competitor will be reminded, in any event, to avoid a collision. Instructors aboard Support Rescue Boats (SRBs) will help to coach competitors more about the rules as the event progresses.

**Part 3: Starting Races:**

Races will be started by using the following simplified signals:

Minutes before Starting Signal	Visual Sign	Sound Signal	Which Means
3	3 sticks	3 short whistle blasts	3 minutes to race start
2	2 sticks	2 short whistle blasts	2 minutes to race start
1	1 stick	1 short whistle blast	1 minute to race start
GO	No sticks	One long whistle	GO

**Part 4: Rule 40**

Competitors are entitled to outside help from personnel aboard designated SRBs to coach them round the course, help with the racing rules, and help in the event of capsize. Instructors aboard SRBs will be entitled to determine whether competitors are able to continue/complete races in the event of capsize or other mishap.

**Part 5: Protests**

Protests will not be encouraged with any conflicts being resolved on the water wherever possible.

#### 4. PROVISIONAL PROGRAMME

- a) Online registration opens from 15<sup>th</sup> May 2021 and closes Sunday 15<sup>th</sup> August.
- b) Registration in person on Sunday 22<sup>nd</sup> August 8am – 8.30am.
- c) First mandatory briefing at 8.30 am Sunday 22<sup>nd</sup> August. Subsequent daily briefings will be race-coaching focused and will take place approximately 30 minutes before the launch times stated below. Boats need to be ready to launch before time of briefing.
- d) Racing days from Sunday 22<sup>nd</sup> August to Friday 27<sup>th</sup> August. Boats will be ready to be launched no earlier than the daily times shown below:

Sunday 22 <sup>nd</sup> August	10am
Monday 23 <sup>rd</sup> August	1045am
Tuesday 24 <sup>th</sup> August	1130am
Wednesday 25 <sup>th</sup> August	1200
Thursday 26 <sup>th</sup> August	1230pm
Friday 27 <sup>th</sup> August	1pm

Participants are responsible for their boat to be ready to launch at the above times. Instructors will be on-hand to assist.

- e) The time of the first race each day will be no earlier than the daily time specified below:

Sunday 22 <sup>nd</sup> August	1030am
Monday 23 <sup>rd</sup> August	1115am
Tuesday 24 <sup>th</sup> August	1200
Wednesday 25 <sup>th</sup> August	1230pm
Thursday 26 <sup>th</sup> August	1pm
Friday 27 <sup>th</sup> August	1.30pm

- f) The general social programme will be available in advance of the event. Start time/s of events, and locations, will be weather and “end of racing” dependent.
- g) The latest time for an attention signal on the last day of racing will be at 3.30pm.
- h) Prize giving and BBQ on Friday 27<sup>th</sup> August at 6pm in the vicinity of the clubhouse.

#### 5. NOTICES TO COMPETITORS

Notices to competitors will be posted on the notice board outside the boatshed.

#### 6. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted on the official course board attached to the Race Box at least half an hour before the earliest launch time.

#### 7. SIGNALS MADE ASHORE AND AFLOAT

Signals made ashore will be shown by a flag system from the main WFYC flag-pole as follows:

**RED FLAG = No racing today/No more racing today**  
**AMBER FLAG = Get ready to sail and await further instructions**  
**GREEN FLAG = Begin to launch**

Signals made afloat will be displayed on the relevant fleet Committee Boat and relayed to competitors by SRBs.

Race starting sequence signals will be made as per Part 3 (above).

**EMERGENCY ACTION – On hearing multiple long whistle blasts all competitors are to land on the nearest mud bank, stay with their boats, and await further instructions from the SRBs.**

## 8. ENTRIES

Entering is via the booking system on the WFYC website.

A non-refundable entry fee shall be paid at the time of registration, as per the table below:

### PRODUCTS AND PRICES

PRODUCT/BOOKING	NO OF PLACES AVAILABLE	MINIMUM QUALIFICATION	PRICE £	NOTES
Pico - single, or double-hander with jib.	5 (max of 4 double-hander)	RYA YSS 2	115	Max age 17 If booking double-hander, must book Second Crew as well
Pico Second Crew	Same as number of Pico double-handers booked	None	115	Min age 8. Max age 17.
Tera	10	RYA YSS 1	115	Max age 14
Optimist	10	RYA YSS 1	115	Max age 11
Feva	4	RYA YSS 4	115	Max age 17, Min age 8. Need to book second crew at same time.
Feva Second Crew	4		115	Min age 8
Own boat	12	RYA YSS 1	79	Max age 17 Need to know type of boat. If double-hander need to book second crew at same time.
Own boat Second Crew	12	None	79	Max age 17
Non sailor Hartley "jolly" experience	6	None	90	Max age 17. Instructor supported on board the boat.

## 9. TIME LIMITS

Competitors who may be taking longer to finish the course may have their race shortened, at the discretion of the race officer, and be awarded a suitable, fair finishing place. This will be to allow the competitors to stay moving and warm as well as engaged and supported.

## 10. RISK STATEMENT

Rule 4 of the RRS states "The responsibility for a boat's decision to participate in a race, or to continue racing, is hers alone."

Sailing is, by its nature, an unpredictable sport and, therefore, inherently involves an element of risk. By taking part in the event each competitor's parent/guardian agrees and acknowledges that:

- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of their child and boat to such inherent risk whilst taking part in the event.
- b) They are responsible for the safety of themselves, their child, their boat and their other property whether afloat or ashore.
- c) They accept responsibility for any injury, damage or loss to the extent caused by their own or action or that of their child.
- d) Their boat is in good order, equipped to sail in the event and that competitors are fit to participate.

*Instructors will be on hand when competitors are going afloat and will be able to provide advice and support to both competitors and their parents.*

**The event is being conducted by the W&FYC RTC. If the Person in Charge believes that any competitor or boat is not suitable for the racing that day they will be asked not to race and, instead may be offered support in other ways on the water.**

**The Person in Charge can cancel, postpone, or abandon racing at any point during the entire event if they deem circumstances to be unsafe.**

## 11. LOCAL RULES

- a) Competitors are to be aware of other moving marine traffic and swimmers.
- b) Competitors must not sail between the barges and Horsey Island.
- c) Competitors must not sail on the marina side of the outer pontoon at Titchmarsh Marina.
- d) Scoring: For every three races started by the Race Officer, competitors will have one discard.
- e) Racing results will be published as soon as possible.

## 12. INSURANCE

Each participant entering their own boat must be insured with valid third-party liability insurance with a minimum cover of £2million.

WFYC provides the appropriate insurance for boats owned by the club.

### 13. BOATS AND FLEETS

The fleets for the event will comprise the following:

OPTIMISTS	Those with sailing ability of RYA Stage 1 or 2. Up to the age of 11.
RS TERAS	Those with sailing ability of minimum RYA Stage 1. Up to the age of 14.
PICO	Single-handed – for those with sailing ability minimum RYA Stage 2. Age 11-18.  Double-hander (sailing with jibs & a crew) for those with sailing ability minimum RYA Stage 2. Minimum age 8. Crew can be a non-sailor.
HANDICAP	RS Fevas-for those with sailing ability minimum RYA Stage 4. Minimum age 8. Crew can be a non-sailor.  Own-boat single handers.  Own-boat double-handers.

Fleets are subject to amendment depending on entries.

Club boats will be allocated on Sunday 22<sup>nd</sup> August during the initial briefing.

### 14. SAFETY/SUPPORT BOAT (SRBs) PROVISION

Safety boats will be manned by instructors, assistant instructors, and volunteers who meet the qualifying criteria required by the RTC Standard Operating Procedures.

The SRB to dinghy ratio of 1:6 will be in operation throughout the week.

Instructors, from the SRBs, will provide coaching to the competitors whilst on the water in addition to rescue and safety provision.

Competitors must follow instructions given by SRB crews. Failure to do so may result in disqualification from the event.

SRBs will carry competitor's food/drink and essential medications as required and as the competitors desire.

Those wishing to volunteer for SRB duties should make themselves known to the administration office prior to the event ensuring they leave mobile phone number and email address in order the organisers can achieve contact and process registration.

### 15. EVENT FORMAT

There will be two or three races daily, dependent on weather and tides.

Races will be back-to-back. Competitors are advised to take food and drink on the water with them; this they can ask their allocated SRBs to look after, as well as any necessary medications.

There will be a short break between races for competitors to have something to eat and drink.

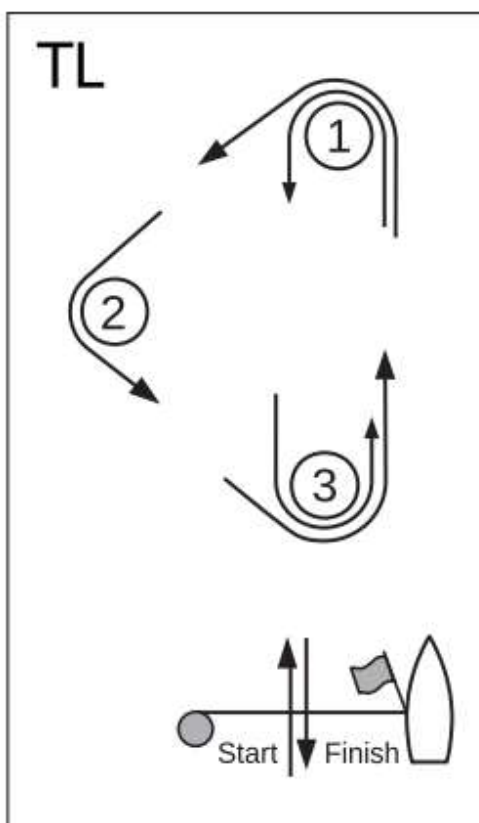
## 16. COURSES

**Courses are subject to alteration at the Race Officer's discretion. Below are examples of course types expected to be used.**

It will be a good idea for competitors to print and laminate the courses below and come prepared to stick them to their boat.

The courses and laps will be shared at the daily briefing.

**The course for the Optimist and Tera fleets will be the standard "triangle-sausage":**



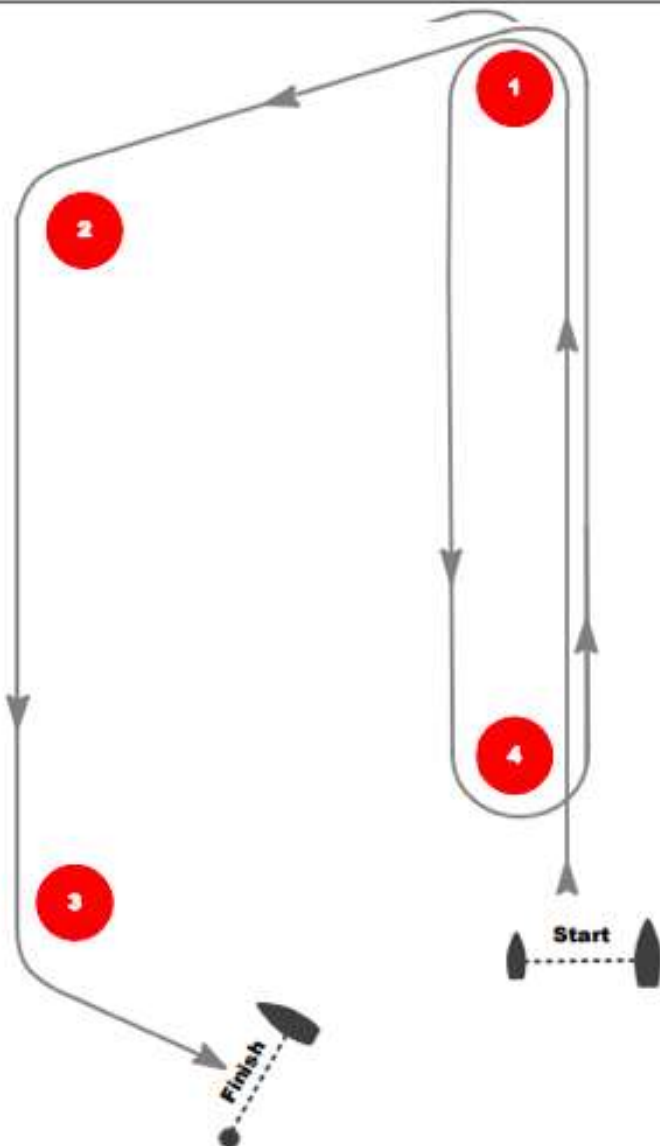
Course TL – Triangle, Leeward Finish	
Signal	Mark Rounding Order
TL2	Start – 1 – 2 – 3 – 1 – Finish
TL3	Start – 1 – 2 – 3 – 1 – 3 – 1 – Finish
TL4	Start – 1 – 2 – 3 – 1 – 3 – 1 – 3 – 1 – Finish

The course for the Pico and Handicap fleet will take on the Olympic trapezium course. This will enable competitors to learn how to use gates, and experience sailing the Olympic course.

Without gate – used on day 1 and day 2 (at least).

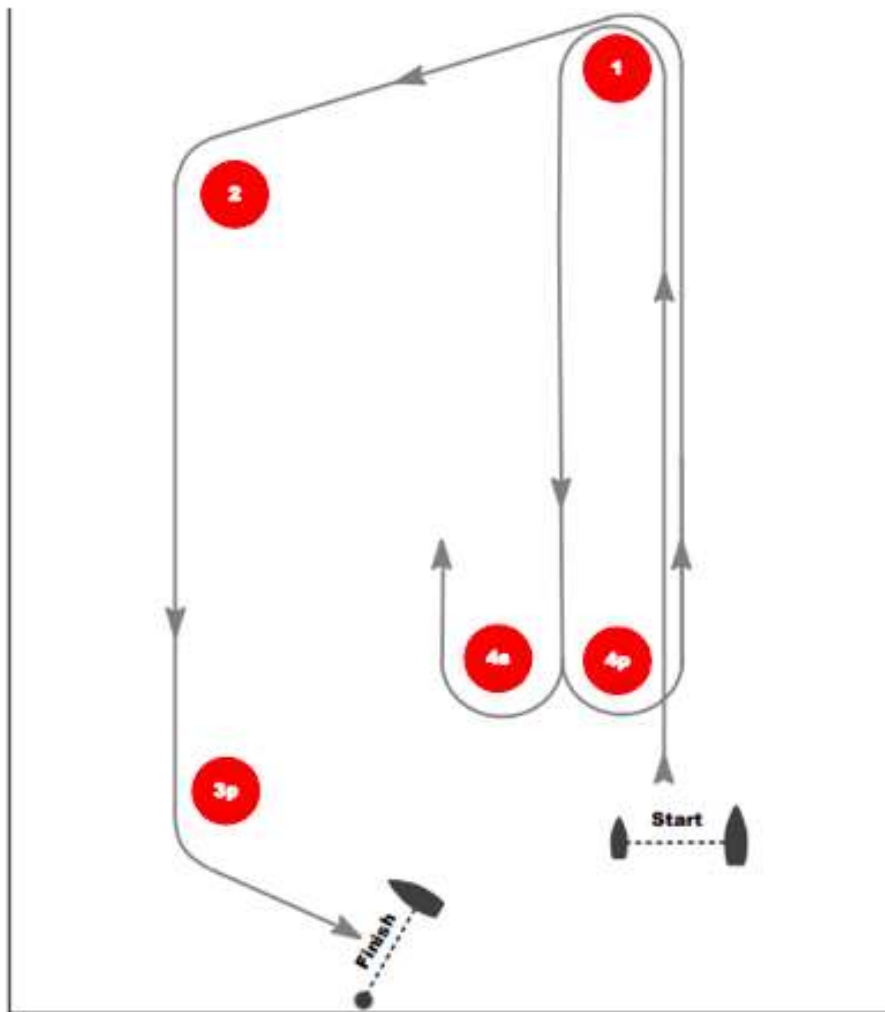
With gate on following page.

	<b>COURSE: INNER TRAPEZOID</b>
<b>Signal</b>	<b>Mark Rounding Order</b>
<b>I2</b>	<b>Start - 1 - 4 - 1 - 2 - 3 - Finish</b>
<b>I3</b>	<b>Start - 1 - 4 - 1 - 4 - 1 - 2 - 3 - Finish</b>
<b>I4</b>	<b>Start - 1 - 4 - 1 - 4 - 1 - 4 - 1 - 2 - 3 - Finish</b>





<b>COURSE: INNER TRAPEZOID</b>	
<b>Signal</b>	<b>Mark Rounding Order</b>
<b>I2</b>	<b>Start - 1 - 4s/4p - 1 - 2 - 3p - Finish</b>
<b>I3</b>	<b>Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 2 - 3p - Finish</b>
<b>I4</b>	<b>Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4s/4p - 1 - 2 - 3p - Finish</b>

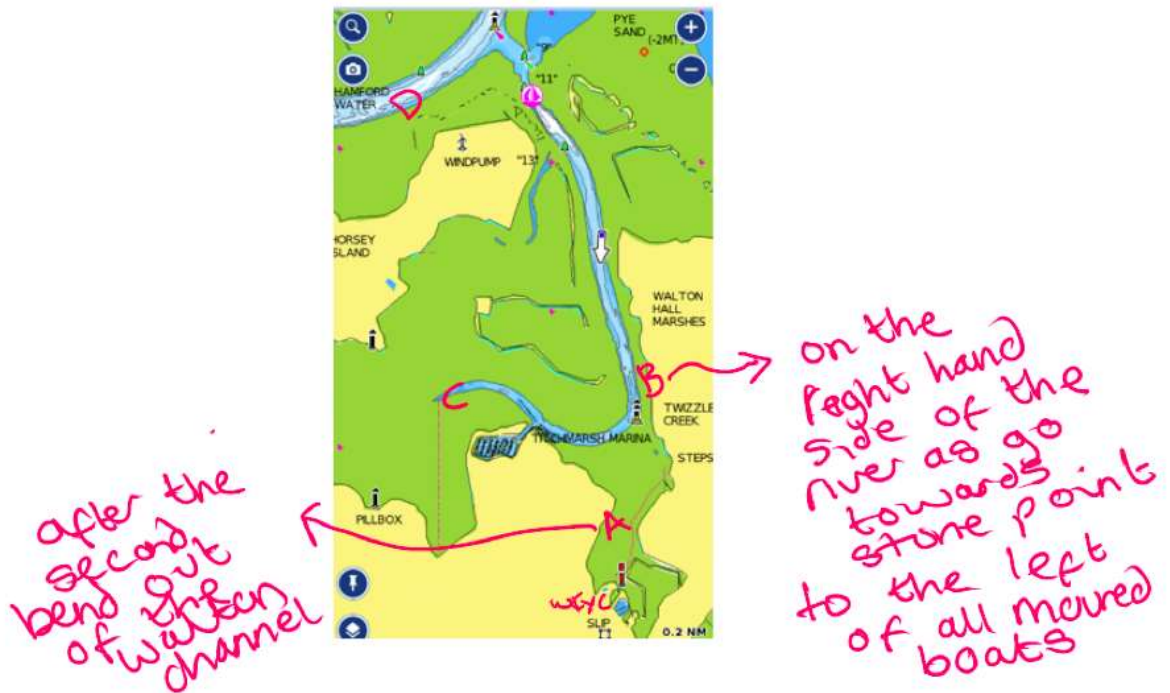


### 17. RACING LOCATIONS

The location being used will be shared at the daily briefing.

The Optimist and Tera fleet race locations are indicated with letters A and B.

The handicap fleet will have race locations indicated by letters B, C and D.



## 18. PRIZES

There will be prizes for the top three placed in each fleet.

There will be additional “fun” awards for stand-out moments during the week.

## 19. MEDIA

By entering the event competitors are allowing themselves to be filmed and photographed whilst taking part in the event in order that W&FYC can share the anticipated success of the event. Such media may be used in future advertising.

## 20. LAUNCHING

Boats will commence launching on the Green flag.

Competitors must follow the instructions of the Beach Master.

The Beach Master will ensure all trolleys are stored in an orderly manner, and will label “own boat” trolleys to ensure recovery is a smooth process.

Parents/ supporters who wish to help with the launch/recovery processes must make themselves known during the mandatory first briefing. **Any such person must be wearing a buoyancy aid whilst in the rigging and launching area.**

Competitors will launch from both slipways.

Competitors will launch in the following order:

Pico fleet

Handed handicap fleet

Tera fleet

Optimist fleet

**21. SIGN-ON AND SIGN-OFF THE WATER.**

Competitors must sign-on to the water by collecting their assigned wrist-band before they launch.

Competitors must remember to sign-off the water by returning their wrist-band as soon as they are ashore, and before de-rigging their boat.

**22. RADIO COMMUNICATIONS**

All SRBs will carry a VHF radio.

Radio communications will be carried out on channel 37.

The Race Box ashore will be manned at all times whilst persons are on the water and will monitor all VHF communications on Ch 37. Call-sign for Race Box will be **WFYC BASE**. This will be the key point to report any boats returning to the club, medical emergencies/issues, and any other matter that may need shore support.

All SRBs should carry out a radio check with WFYC Base on leaving the vicinity of the club.

**23. DISCLAIMER**

All those taking part do so at their own risk. The Operating Authority, its associates and appointees, accept no responsibility for any loss, damage, injury or inconvenience, howsoever caused.